

## a history of TRES DIAS

TRES DIAS was derived from Cursillo (*koor-see-yo*) de Cristiandad (a short course of Christianity), which has been an active tool of renewal in the Roman Catholic Church since its Spanish beginning in 1949.

TRES DIAS was started in 1972, and now is overseen by a national organization of lay people and clergy. TRES DIAS is an ecumenical version of Cursillo, open to all Christians interested in depending their walk with the Lord. Each attendee must be sponsored by someone who has previously attended a TRES DIAS weekend. Individual weekends are coordinated by area Secretariats, whose members consist of anyone who has already made a TRES DIAS.

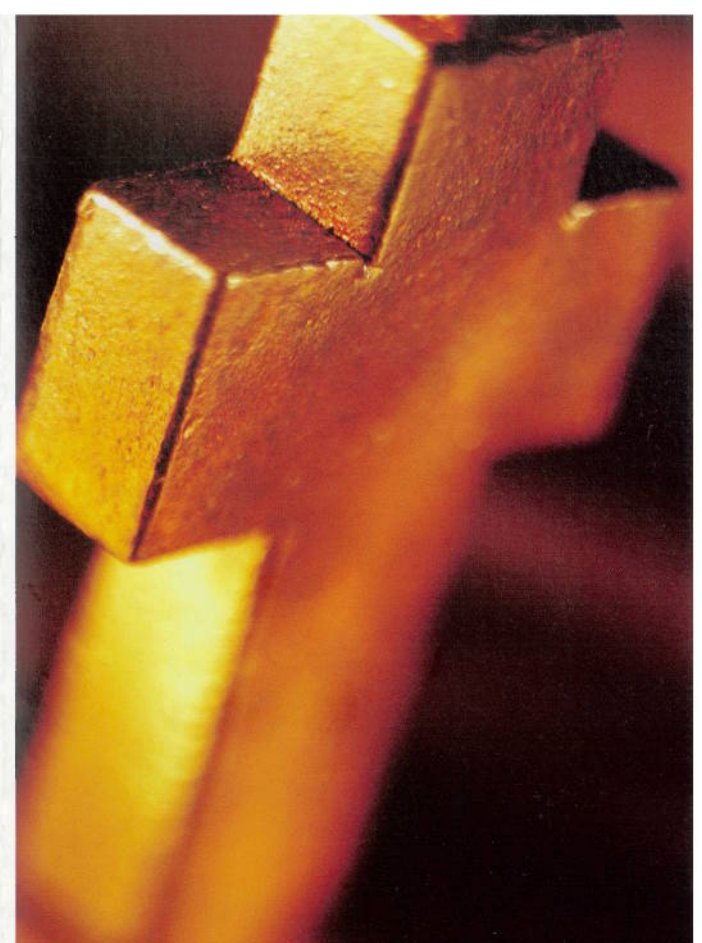


## TRES DIAS

*A weekend ecumenical experience for those who seek to grow and mature spiritually by deepening their relationship with Jesus Christ. The weekend is centered on growth in an individual's Christian life and is designed to meet the needs of all Christians wherever they find themselves in their walk.*

### Statement of Belief

1. We believe and profess our faith in one Triune God - The Father, The Son and The Holy Spirit (Matt. 28:19).
2. We believe and profess that Jesus Christ is the only Savior and is God in the flesh (John 1:1, 1:14, 3:36, 14: & Heb. 2:17).
3. We believe and profess that The Holy Spirit is God and is The Lord and Giver of life, who continues to work in believers today to sanctify, edify and empower the whole Christian church on earth - - - for His purpose (Job 33:4, Acts 1:8, John 14:26 & Rom. 8:11).
4. We believe and profess that the Holy Scriptures are the inspired and completely true Word of God (II Tim. 3:16-17).
5. We believe and profess that all have sinned and fallen short of the glory of God; that forgiveness of sins is received through confession and repentance - - and that our sins are washed away through the blood of Jesus Christ (Acts 2:38, I John 1:9 & Rom. 3:23).
6. We believe and profess that salvation is a gift of God's grace received through personal faith in Jesus Christ (Eph. 2:8).
7. We believe and profess that the Body of Christ is to make every effort to keep the unity of the Spirit through the bond of peace until we all reach unity in the faith and in the knowledge of The Son of God (Eph. 4:3, 13).
8. We believe and profess that God's unconditional love, as made manifest to us through Jesus Christ, is the primary witness by which people are renewed, edified and changed (I Cor. 13:8).
9. We believe and profess that God has called us to live holy lives that will bring glory to His name (Col. 3:1-25).



inspiration and direction are found in

# TRES DIAS

Cleveland

Renewal and restoration for those who  
desire to follow JESUS.



# An Instrument of Renewal...

The TRES DIAS weekend is a three day retreat centered on growth in an individual's Christian life. Its aim is to concentrate closely on the Person and teachings of Jesus Christ. It intends to give those who attend a dynamic deepening of basic Christian beliefs, and a desire to serve their local church.

## What Can I Expect?

The Spanish words "TRES DIAS" mean three days. Although it can be held on any three consecutive days, a TRES DIAS usually begins on Thursday evening, and ends the following Sunday in the late afternoon.

During the three days, those attending live and study together, communicating with one another to gain a permanent, living awareness of their faith and the responsibility that such a deep awareness involves.

- ◆ It is a weekend of living in Christian community involving a combination of carefully developed activities and teachings which are meant to lead to a fuller personal commitment to Christ.
- ◆ It involves personal witness, employs group dynamics and theological instruction that encourages study.
- ◆ It includes a period of silent introspection for a genuine renewal for all believers.

## Who Can Attend?

TRES DIAS is an adult weekend for those age 21 and over. There are separate TRES DIAS weekends for men and women.

## Who Will Be Leading?

Although TRES DIAS is a lay-led movement, the active participation of the clergy is both essential and encouraged. The TRES DIAS team leading the weekend is composed of former attendees of a TRES DIAS who have volunteered their time for weeks of preparation, working and praying together as a unit. TRES DIAS is centered around 15 talks: 10 given by lay people and 5 by clergy. In addition to the talks; there are also worship periods, singing and celebrations of Holy Communion.

## What Is The Fourth Day?

Following TRES DIAS, a person is able to expand their own personal spiritual life and become a more active disciple of Christ in the world and in their own church.

Their life after a TRES DIAS weekend is known as the "Fourth Day."

The spirit of the weekend is continued through regular reunions of the TRES DIAS community. These are a means of growing in understanding and enthusiasm within the Christian community. Reunions of smaller covenant groups are encouraged, so that the participants may help one another in living the Christian Life.